



SOUL DESTINY
FOUNDATION

Awareness for Men

Learn to balance the material & spiritual elements together in today's world

This group is presented by 3 very different men to help you understand who you are because we know Men talk to Men.

The purpose of this course is to help men to understand the balance between masculine and feminine energies and how to work with the difference it creates.

This course will help with the following

- Assist you to understand yourself
- Improve relationships with your loved ones
- Find a balance and become Whole (Mind, Body & Soul)
- Find your true happiness from within
- Learn how to create balance in your environment
- Learn to Balance your ego

The course is 8 weeks: on Monday Evening

Date: 15th March 2010

Time 7.30-10 pm

Location: Albany Integrated Events Centre

Number 6, Unit 12 Airbourne Road, Albany

Bookings are essential as numbers are limited.

For more info email: souldestinyfoundation@gmail.com

or call (09) 521 7009

www.souldestiny.co.nz